



International Congress  
on Nursing

**3<sup>rd</sup>**  
International  
Congress  
on Nursing

**07 – 09 March 2019**

Acapulco Hotel  
Convention Center  
**Kyrenia, North Cyprus**

**Program  
Book**



ICON-2019  
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**3<sup>rd</sup> INTERNATIONAL CONGRESS OF NURSING  
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**Acapulco Hotel Convention Center**  
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**PROGRAM BOOK**



**Organized by**

Trakya University

Association for Human, Science, Natura, Education and Technology

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## KEYNOTES



**Professor Ian Norman** BA, MSc, PhD, RN, BABCP, FEANS, FAAN, FRCN, FKC

Assistant Principal (Academic Performance) & Executive Dean,  
Florence Nightingale Faculty of Nursing, King's College London,  
UK

Editor-in-Chief, [International Journal of Nursing Studies](#)

**Keynote Title:** 'The impact of nursing on patient outcomes'.

**Seminar Title:** 'Publishing for impact on nursing practice and policy



**Prof. Dr. Gülbeyaz Can**

İstanbul University, Faculty of Nursing

Florence Nightingale Nursing Faculty, Turkey

**Keynote Title:** "Oncology nursing in Turkey" ("Türkiye'de onkoloji hemşireliği")



**Prof. Dr. Birsen Yürügen**

Faculty of Health Sciences, Department of Nursing

**Keynote Title:** "Healthy tourism in Turkey" - "Türkiye de sağlık turizmi"



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**SEMİNER PROGRAMI / SEMINAR PROGRAM**

(Turkish Language)

<i>Gün/Day</i>	<i>Saat/Time</i>	<i>Başlık/Title</i>	<i>Konuşmacı/Presenter</i>	<i>Salon/Hall</i>
7 Mart 2019	13:30 – 14:30	"Hemşirelikte etkili iletişimde yol haritası"	<b>Prof. Dr. Fatma Öz</b> Yakın Doğu Üniversitesi	ICON-3
7 March 2019	14:30 – 15:30	"Meme kanseri, görülme sıklığı, risk faktörleri, erken tanı yöntemleri"	<b>Prof. Dr. Ayla Gürsoy</b> Uluslararası Kıbrıs Üniversitesi	ICON-3
7 March 2019	15:30 – 16:00	Kahve Arası		
7 Mart 2019	16:00 – 17:00	Hasta ve ailenin eğitimi	<b>Yrd. Doç. Dr. Burçin Işık</b> Yakın Doğu Üniversitesi	ICON- 3
7 Mart 2019	17:00 – 18:00	"Yaşlı Hastaların Özellikleri ve Hastanedeki Bakımında Hemşirenin Farkındalığı"	<b>Prof. Dr. Feray Gökdoğan</b> Uluslararası Kıbrıs Üniversitesi	ICON-3

8 Mart 2019	13:30 – 14:20	"Mikrobiyaya ve sağlık etkileşimi"	<b>Prof Dr. Özgül Erol</b> Trakya Üniversitesi	ICON-3
8 Mart 2019	14:20 – 15:10	"Hasta ve Çalışan Güvenliği"	<b>Doç. Dr. Ümran Dal</b> Yakın Doğu Üniversitesi	ICON-3
8 Mart 2019	15:10 – 15:30	Kahve Arası		
8 Mart 2019	15:30 – 16:20	"Diyabetin bakım ve yönetiminde anahtar rol hemşirenin mi? 2018 ADA/EASD kılavuzları ne diyor? "	<b>Yrd. Doç. Dr. Handan Sezgin</b> Doğu Akdeniz Üniversitesi	ICON-3
8 Mart 2019	16:20 – 17:20	"Hastaların erkek hemşirelere bakış açısı"	<b>Prof. Dr. Birsen Yürügen</b> Okan Üniversitesi	ICON-3

# PROGRAM

## IMPORTANT EVENTS

<b>07-08 March 2019</b>			
09:00 – 10:00	Registration		
<b>Opening Ceremony</b>			
07.03.2019 10:00 – 10:30			Hall 1
TIME	TITLE	SPEAKER	HALL NAME
07.03.2019 10:00 – 11:20 <b>Keynote 1</b>	“The impact of nursing on patient outcomes”	<a href="#">Prof. Dr. Ian Norman</a> BA, MSc, PhD, RN, BABCP, FEANS, FAAN, FRCN, FKC Assistant Principal (Academic Performance) & Executive Dean, Florence Nightingale Faculty of Nursing, King’s College London, UK Editor-in-Chief, <a href="#">International Journal of Nursing Studies</a>	1
<b>Coffee Break</b>			
11:20 – 11:40			
TIME	TITLE	SPEAKER	HALL NAME
07.03.2019 11:40 – 12:30 <b>Keynote 2</b>	“Healthy tourism in Turkey” “Türkiye de sağlık turizmi”	<b>Prof. Dr. Birsen Yürügen</b> Okan University, Turkey	1
<b>Lunch Break</b>			
13:00 – 14:00			
TIME	TITLE	SPEAKER	HALL NAME
08.03.2019 10:20 – 11:20 <b>Keynote 3</b>	“Oncology nursing in Turkey” “Türkiye’de onkoloji hemşireliği”	<b>Prof. Dr. Gülbeyaz Can</b> İstanbul University Florence Nightingale Nursing Faculty Turkey	1
TIME	TITLE	SPEAKER	HALL NAME
08.03.2019 11:30: – 12:30 <b>Seminar</b>	‘Publishing for impact on nursing practice and policy’	<a href="#">Prof. Dr. Ian Norman</a> BA, MSc, PhD, RN, BABCP, FEANS, FAAN, FRCN, FKC Assistant Principal (Academic Performance) & Executive Dean, Florence Nightingale Faculty of Nursing, King’s College London, UK Editor-in-Chief, <a href="#">International Journal of Nursing Studies</a>	1
<b>Closing Ceremony</b>			
08.03.2019 17:30 – 17:40			
08.03.2019 18:30 – 20:30	Cumhurbaşkanlığı Resepsiyonu “8 Mart Dünya Kadınlar Günü Resepsiyonu” Golden Tulip Hotel, Lefkoşa		
09.03.2019 09:00 – 18:00	Girne and Lefkosa Historical Places and Shopping Tour 09:00, In front of Acapulco Hotel Lobby 09:20, In front of Colony Hotel, Girne		



## 07/03/2019, Thursday

08:30 – 10:00	<b>07-08 March 2019</b> Registration
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07.03.2019 10:00 – 10:30	<b>Opening Ceremony</b>	<b>Hall 1</b>
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TIME	TITLE	SPEAKER	HALL NAME
07.03.2019 10:00 – 11:00 <b>Keynote 1</b>	“The impact of nursing on patient outcomes”	<a href="#">Prof. Dr. Ian Norman</a> BA, MSc, PhD, RN, BABCP, FEANS, FAAN, FRCN, FKC Assistant Principal (Academic Performance) & Executive Dean, Florence Nightingale Faculty of Nursing, King’s College London, UK Editor-in-Chief, <a href="#">International Journal of Nursing Studies</a>	1

11:00 – 11:20	<b>Coffee Break</b>
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TIME	TITLE	SPEAKER	HALL NAME
07.03.2019 11:20 – 12:20 <b>Keynote 2</b>	“Healthy tourism in Turkey” “Türkiye de sağlık turizmi”	<b>Prof. Dr. Birsen Yürügen</b> Okan University, Turkey	1

12:20 – 13:30	<b>Lunch Break</b>
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### Session 1 13:30 – 15:30

#### Hall 1, General Papers, Chair: Prof. Dr. Fatma Öz

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	The Impact of Engaged Couples' Sexual Knowledge and Beliefs on Their Beliefs and Attitudes Towards Marriage	Seyhan Cankaya, Hacer Alan Dikmen, <i>Selcuk University, Turkey</i>
2	Women's Mental Health According to Life Periods	Nurgül Özdemir, Burçin Kisa, <i>Gaziantep University, Turkey</i>
3	The Factors Affecting the Illness Perception in Patients Staying in a State Hospital	Nida Kiyici, Zeliha Koç, Zeynep Sağlam, Sevil Masat, <i>Ondokuz Mayıs University, Turkey</i>
4	Factors Affecting the Attitudes of Nurses Toward Change	Gülşah Kaya, Zeliha Koç, Dilek Kıymaz, Tuğba Çınarlı, <i>Ondokuz Mayıs University, Turkey</i>

#### Hall 2, Internal Medicine Nursing, Chair: Prof. Dr. Feray Gökdoğan

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	The Effect of Patient's Level of Knowledge of Hypertension on Self Efficacy and Compliance to Treatment	Perihan Gönel, <i>Gazimagusa State Hospital Handan Sezgin, Eastern Mediterranean University, Cyprus</i>
2	Kronik Obstrüktif Akciğer Hastalarında Dispne Algısı ve Yaşam Kalitesinin Değerlendirilmesi	Canan Arslan, <i>Ayvansaray University, Turkey</i>
3	The Relationship between Gender Role Attitudes and Dating Violence of University Students	Arzu Abıç, Emine Temizkan, Duygu Vefikulucay Yılmaz, <i>Eastern Mediterian University, Cyprus</i>
4	HIV / AIDS Awareness of University Students and Employees	Serap Unsar, Özgül Erol, Seda Kurt, Lale Yacan, İrem Yıldız, <i>Trakya University, Turkey</i>

15:30 – 15:50	Coffee Break
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**Session 2**  
**15:50 – 18:00**

**Hall 1, General Papers, Chair: Yrd. Doç. Dr. Burçin Işık**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Enürezisin Psikososyal Yönü ve Hemşirelik Yaklaşımı	Nurgül Özdemir, <i>Gaziantep University, Turkey</i>
2	Yaşlı Hastaların Özellikleri ve Hastanedeki Bakımında Hemşirenin Farkındalığı	Feray Gökdoğan, <i>Cyprus International University, Cyprus</i>
3	The Importance of Improving Behavior Of Healthy Life in Infertile Couples	Ahu Aksoy, Duygu Vefikuluçay Yılmaz, <i>Mersin University, Turkey</i>
4	The problems of undocumented immigrant women in Istanbul	Rojjin MAMUK; <i>Eastern Mediterranean University, Cyprus</i> ; Nevin HOTUN ŞAHİN, <i>Istanbul University, Turkey</i>

**Hall 2, Surgical Diseases Nursing, Chair: Prof. Dr. Ayla Gürsoy**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	A special nurse for me: Outcomes of breast care nurse in providing training and follow-up in patients undergoing breast cancer surgery	Sema Kocan, Ayla Gürsoy, <i>Recep Tayyip Erdogan University, Turkey</i>
2	How Women with Breast Cancer Perceive Chemotherapy-Induced Alopecia: A Qualitative Research	Cemile Aktug, Ayla Gürsoy, <i>Gümüşhane University, Turkey</i>
3	Information Need and Postoperative Symptom Assessment of Patients with Thyroidectomy	Bahar Candas Altinbas, Ayla Gürsoy, <i>Karadeniz Technical University, Turkey</i>
4	Efficiency of the Computer Based Communication Tool in Providing Non-Verbal Communication of Mechanically Ventilated Patients	Melek Ertürk Yavuz, Ayla Gürsoy, <i>Karadeniz Technical University, Turkey</i>
5	Hemşirelerin Kan ve Vücut Sıvıları ile Bulaşan Enfeksiyon Hastalıklarının Önlenmesine İlişkin Bilgi ve Uygulamaları	Bekir DEVECİ, <i>Uluslararası Kıbrıs Üniversitesi, Kıbrıs</i> , Ayfer ÖZBAŞ, <i>Istanbul Üniversitesi, Türkiye</i>

**End of the day**

08/03/2019, Friday

Session 3  
09:00 – 10:20

**Hall 1, General Papers, Chair: Prof. Dr. Nesrin Nural**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Influencing parental education among Maternal-Infant healthcare providers working in remote rural	Shereen M Hamadneh, Sirhan Barahmeh, <i>Al-Bayt University, Jordan</i>
2	Caring Behavior Perceived by Nursing Students and Related Factors in Northern Cyprus	Emmanuel Wekesa Wanyonyi, Candan Ozturk; <i>Near East University, Cyprus</i>
3	Analysis of Risk Factors Associated with Breast Cancer Incidence Among Women in Padang City By 2018	Leni Merdawati, <i>Andalas University, Indonesia</i>
4	Impact of Creativity in Nursing Education	Sameer Hamdan, Burçin IŞIK, Samar Jallad; <i>Near East University, Cyprus</i>
5	Application of Systemic Motivational Therapy in Addiction Treatment	Karen Roxann Kaiser, <i>George Mason University, United States</i>

**Hall 2, Nursing Management & Obstetrics and Gynecology Nursing, Chair: Prof. Dr. Serap Ünsar**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Some Socio-Demographic Variables and Gender Equality Attitudes of Students in a Faculty of Nursing	Serap Tekbaş, Ganna Pola; <i>Near East University, Cyprus</i>
2	The Lived Experience of Iraqi Nurses who Live and Work in Communities Impacted by War or Terrorist Threat	Sadeq AL-Fayyadh, Elizabeth Diener, Hayder AL-Hadrawi, Vanessa Wright, Serwan Bakey, Weaam Alobaidi, <i>University of Baghdad College of Nursing, Iraq</i>
3	Determination of the Sexual Life of Expectant Fathers During Pregnancy: A Qualitative Study	Ahu Aksoy, Duygu Vefikuluçay Yılmaz, Mualla Yılmaz, <i>Mersin University, Turkey</i>
4	Management of Diarrhoea in Cancer Patients	Ozlem OZDEMİR; <i>Kırklareli University, Turkey</i> Serap UNSAR; <i>Trakya University, Turkey</i>
5	Bir Kamu Hastanesi'nde Yatan Hastaların Hizmet Memnuniyetinin Belirlenmesi	Elvan Ilkhan, Özdem NURLUÖZ, Ali IŞIN; <i>Near East University, Cyprus</i>

TIME	TITLE	SPEAKER	HALL NAME
08.03.2019 10:20 – 11:10 Seminar	“Oncology nursing in Turkey” (“Türkiye’de onkoloji hemşireliği”)	<b>Prof. Dr. Gülbeyaz Can</b> İstanbul University Florence Nightingale Nursing Faculty, Turkey	1

11:10 – 11:30	Coffee Break		
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TIME	TITLE	SPEAKER	HALL NAME
08.03.2019 11:30: – 12:30 Seminar	‘Publishing for impact on nursing practice and policy’	<a href="#">Prof. Dr. Ian Norman</a> BA, MSc, PhD, RN, BABC, FEANS, FAAN, FRCN, FKC Assistant Principal (Academic Performance) & Executive Dean, Florence Nightingale Faculty of Nursing, King’s College London, UK Editor-in-Chief, <a href="#">International Journal of Nursing Studies</a>	1

12:30 – 13:30	Lunch		
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**Session 4**  
**13:30 – 15:30**

**Hall 1, General Papers, Chair: Doç. Dr. Ümran Dal**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Determination of Self-Efficacy and Quality of Life in Stroke Patients	Hilalnur Demir, Selma Atay, <i>Çanakkale Onsekiz Mart Üniversitesi, Turkey</i>
2	Determining the use of Evidence Based Practices for Preventing Complications of Peripheral Venous Catheters by Nurses	Dilek Çukurlu, Selma Atay, <i>Çanakkale Mehmet Akif Ersoy Devlet Hastanesi, Turkey</i>
3	The Effect of the Nursing Students' Attitude towards Elderly Discrimination on Their Opinions about Home Care Services	Meltem Meriç, Gül Ergün, Ganna Pola, Meral Dölek, Burcu Totur Dikmen, Ümran Dal Yılmaz, <i>Near East University, Cyprus</i>
4	Determination of the risk factors that will play a role in the development of pressure sores and pressure ulcers in patients hospitalized in the ICU	Tülin Akarsu Ayazoğlu, Hatice Külünk, Furkan Yılmaz, <i>Medeniyet University, Turkey</i>
5	KKTC/Dikmen Bölgesinde Yaşayan 65 Yaş ve Üstü Yaşlıların Sağlık Okuryazarlığı Düzeyleri ve Bazı Sosyodemografik Değişkenlerle İlişkinin Belirlenmesi	Hatice Bebiş, Dilay Necipoğlu, Münüre Akgör, Ümit Seviğ, <i>Near East University, Cyprus</i>

**Hall 2, General Papers, Chair: Yrd. Doç. Dr. Handan Sezgin**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Infertility Risk Factors and Nurse's Role	Arzu Abiç, Duygu Vefikuluçay Yılmaz, Turkey
2	Assessment of Male Infertility	Ahu Aksoy, Duygu Vefikuluçay Yılmaz, <i>Mersin University, Turkey</i>
3	Determination of Self-Efficacy Levels of Diabetic Individuals	Selin Keskin Kızıltepe, Zeliha Koç, Tuğba Kavalalı Erdoğan, Zeynep Sağlam, <i>Düzce University, Turkey</i>
4	Evaluation of Quality of Life in Patients with Lower Extremity Patients	Gamze Donmez, Tulay Basak, Turkey
5	Hemşirelerin Maneviyat ve Manevi Bakım Algisi ile Bakım Verici Roller Arasındaki İlişkinin İncelenmesi	Furkan Tekedereli, Nurcan Bilgiç, <i>Girne American University, Turkey</i>
6	Kuzey Kıbrıs Türk Cumhuriyeti'nde Yaşayan Farklı Kuşaklardaki Bireylerin Toplumsal Cinsiyet Tutumlarının Belirlenmesi	Hatice Bebiş, Dilay Necipoğlu, Münüre Akgör, Ümit Seviğ, <i>Near East University, Cyprus</i>

**Session 5**  
**15:30 – 17:30**

**Hall 1, General Papers, Chair: Prof. Dr. Birsen Yürügen**

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Scoring Systems and Mortality Evaluation of Malignant Patients Treated in ICU	Tülin Akarsu Ayazoğlu, Furkan Yılmaz, Hatice Külünk, <i>Medeniyet University, Turkey</i>
2	Relationship Between Sleep Quality and Breastfeeding Self-Efficacy of Mothers in Postpartum Period	Aslihan Aksu, Duygu Vefikuluçay Yılmaz, <i>Mersin University, Turkey</i>
3	Evidence Based Care to the Couples Experiencing Fertility Problems	Filiz Değirmenci, Duygu Vefikuluçay Yılmaz, Asiye Uzel, <i>Mersin University, Turkey</i>
4	Breastfeeding Experience of Mothers in Early Postpartum Period	Ganna Pola, Meltem Meriç, Ümran Dal Yılmaz, Eyüp Yaycı, <i>Near East University, Cyprus</i>
5	The Potential of Social Media and Nursing Education: E-Professionalism, Nurse Educator- Learner Role, Benefits and Risks	Burçin IŞIK, Samar Jallad, <i>Near East University, North Cyprus</i>
6	Looking at Male Nurse Discrimination Among Nursing Students with O'connor Finger-Dexterity Test; Future of Gender Discrimination	Güliden Aynacı, Hediye Gulmez; <i>Trakya University, Turkey</i>

## Hall 2, General Papers, Chair: Prof. Dr. Özgül Erol

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Kalp Cerrahisi Semptom Envanteri'nin Türk Dilinde Geçerlik ve Güvenirliği	Dilara Altınok, Rabia Sağlam, <i>Bezmi Alem Vakıf Üniversitesi Hastanesi, Turkey</i>
2	The Factors Affecting the Most-Healthy Way of Giving Breast Milk (Breastfeeding)	Aslihan Aksu, Duygu Vefikulucaç Yılmaz, <i>Mersin University, Turkey</i>
3	Psychosocial and Cultural Perspectives of Pregnant Women Related to Pregnancy	Mualla Yılmaz, Filiz Değirmenci, Duygu Vefikulucaç Yılmaz, <i>Mersin University, Turkey</i>
4	Hemodiyaliz Hastalarında Konfor Düzeyinin İncelenmesi	Gülşay Turgay, Çiğdem Özdemir Eler, Şeyda Ökdem, Ebru Çıtak Akgün, <i>Başkent University, Turkey</i>
5	Hemşirelik Öğrencileri ve Klinik Hemşirelerin Klinik Uygulamada Öğrenciye Yapılan Rehberlik İle İlgili Görüşleri	Handan Sezgin, Selda Bal, <i>Eastern Mediterranean University, Cyprus</i>
6	Sleep Quality Assessment in Nursing Student	Hülya Fırat Kilic, <i>Eastern Mediterranean University, TRNC</i> ; Emre Şahin, <i>Gazimağusa Belediyesi Sağlık Birimi, TRNC</i>

## POSTER PRESENTATIONS 08/03/2019, Friday

Time	TITLE	AUTHOR, AFFILIATION and COUNTRY
10:00 – 13:00 Friday	Rheumatoid Arthritis and Quality of Life	Irem Yıldız, Serap Unsar, <i>Trakya University, Turkey</i>
10:00 – 13:00 Friday	Evidence-Based Nursing	Ezgi Kınıcı, Serap Unsar, Eylem Paslı Gürdoğan, <i>Trakya University, Turkey</i>
10:00 – 13:00 Friday	Nutrition in patients with cancer	Serap Unsar, <i>Trakya University, Turkey</i>
10:00 – 13:00 Friday	Nursing Management in Elderly People with Stroke	Serap Unsar, <i>Trakya University, Turkey</i>
10:00 – 13:00 Friday	Kronik Hastalığı Olan Bireylerde Psikososyal Uyum Üzerinde Maneviyat Etkili Midir?	Seher ÇAKMAK, Nesrin NURAL; <i>Karadeniz Technical University, Faculty of Health Sciences, Turkey</i>
10:00 – 13:00 Friday	Management of Diarrhoea in Cancer Patients	Ozlem OZDEMİR; <i>Kırklareli University, Turkey</i> Serap Unsar, <i>Trakya University, Turkey</i>

08.03.2019 18:30 – 20:30	<b>Cumhurbaşkanlığı Resepsiyonu</b> <b>"8 Mart Dünya Kadınlar Günü"</b> Golden Tulip Hotel, Lefkoşa
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## 09/03/2019, Saturday

09.03.2019 09:00 – 18:00	<b>Girne and Lefkosa Historical Places and Shopping Tour</b> <b>09:00, In front of Acapulco Hotel Lobby</b> <b>09:20, In front of Colony Hotel, Girne</b>
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