



International Congress
on Nursing
5th
International
Congress
on Nursing

AAB University
Pristina, Kosovo
24 - 26 September
2021

**Program
Book**



International
Online
Conference



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**5th INTERNATIONAL CONGRESS on
NURSING
(ICON-2021)**

ONLINE CONFERENCE

**AAB University
Pristina, Kosovo
24 – 26 September 2021**

PROGRAM BOOK

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Organized by

Association for Human, Science, Natura, Education and Technology

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KEYNOTES



Prof. Dr. Serap ÜNSAR
Trakya University, Turkey

Keynote Title: *“Covid-19 and Chronic Diseases”*

Abstract: will be announced...

Bio: will be announced....



Prof. Dr. Gülbeyaz Can
Istanbul University, Turkey

Keynote Title: *“Covid-19 and Cancer”*

Abstract: will be announced....

Bio: will be announced....



Prof. Dr. Kobus Maree

University of Pretoria

Faculty of Education

Keynote Title: “Facilitating autobiographicity to promote gifted and talented learners' self-designing and career construction”

Abstract: Connecting conscious knowledge with subconscious insights

An exponential increase in the rate of change forces people to deal with repeated transitions at all levels of their existence. These transitions are often difficult to handle and give rise to feelings of vulnerability and concern. Events such as the recent economic meltdown, major changes in the global economy, and the impact of the Covid-19 pandemic in particular, have given rise to downsizing, retrenchments, rising unemployment, as well as insecurity and uncertainty at all levels – prompting spiralling unemployment rates globally.

The developments delineated above call for a strong response from theoreticians, researchers, practitioners, and policy makers. This paper explicates the theory and conceptual framework underlying an innovative, integrative (qualitative+quantitative) approach to (career) counselling for gifted and talented learners. This approach aims to help gifted learners connect what they know about themselves consciously with what they are aware about themselves sub-consciously.

The paper explains that, globally, millions of gifted and talented learners have never been given a fair chance in life to design themselves and choose and construct their careers meaningfully. These learners (from across the diversity spectrum) may have made substantial contributions to humankind. The world may have lost the likes of a Mother Teresa, a Mark Savickas, an Albert Einstein, a Sigmund Freud, a Nelson Mandela, a Kofi Annan, or so many other luminaries.

Lastly, this paper shows how learners’ ‘stories’ (information obtained from qualitative approaches) can be blended with their (test) ‘scores’ (information obtained from quantitative approaches (test ‘scores’)). Achieving this aim can help (career) counsellors identify giftedness and talent and help learners experience or rekindle a sense of meaning, hope, and purpose in their lives and contribute to positive transformation and societal advancement globally.

Brief bio: Prof. Kobus Maree (DEd (Career Counselling); PhD (Learning Facilitation in Mathematics); DPhil (Psychology)) is a full Professor in the Department of Educational Psychology at the University of Pretoria. Kobus is a member of the following core scientific committees: a. UNESCO Chair on Lifelong Guidance and Counseling, and b. the UNESCO University Network and Twinning (UNITWIN) Chair. In addition, he was elected as a member of the Board of Directors of the International Association of Applied Psychology (IAAP) Division 16) in 2018. Moreover, he accepted appointments as a Research Fellow at the University of the Free

State and as Professor Extraordinaire at the University of Stellenbosch and the University of Southern Queensland. Kobus has received multiple awards for his research. In 2014, he received the Psychological Society of South Africa's Award for Excellence in Science. He was awarded the Chancellor's Medal for Teaching and Learning from the University of Pretoria in 2010 and has been nominated successfully as an Exceptional Academic Achiever on four consecutive occasions. He has a B1 rating from the National Research Foundation. Kobus has authored or coauthored 90+ peerreviewed articles and 75 books/ book chapters since 2010. In the same period, he supervised 38 doctoral theses and Master's dissertations and read keynote papers at 25+ international conferences, and at 22+ national conferences. He has also presented invited workshops at conferences in 40+ countries on a) integrating qualitative and quantitative approaches in career counselling and b) the art and science of writing scholarly articles. Over the past seven years, he has spent a lot of time abroad as a visiting professor at various universities. He was awarded a fellowship of the IAAP in 2014 and received the Psychological Society of South Africa's Fellow Award in 2017.

PROGRAM BOOK

IMPORTANT EVENTS

24.09.2021 10:00 – 10:15	Opening Ceremony	
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IME	TITLE	SPEAKER	HALL NAME
24.09.2021 10:15 – 11:00 Keynote 1	<i>“Covid-19 and Chronic Diseases”</i>	Dr. Serap ÜNSAR Trakya University, Turkey	1

11:00 – 11:20	Coffee Break	
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TIME	TITLE	SPEAKER	HALL NAME
24.09.2021 11:20 – 12:00 Keynote 2	<i>“Covid-19 and Cancer”</i>	Prof. Dr. Gülbeyaz Can Istanbul University, Turkey	1

12:00 – 13:00	Lunch	
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TIME	TITLE	SPEAKER	HALL NAME
25.09.2021 10:00 – 10:40 Keynote 3	<i>“Facilitating autobiographicity to promote gifted and talented learners' self-designing and career construction”</i>	Prof. Dr. Kobus Maree University of Pretoria Faculty of Education	1

25.09.2021 18:20 – 19:00	Closing Ceremony	
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24/09/2021, Friday
Pristina, Kosovo (GMT+2)

IMPORTANT EVENTS

24.09.2021 10:00 – 10:15	Opening Ceremony	
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TIME	TITLE	SPEAKER	HALL NAME
24.09.2021 10:15 – 11:00 Keynote 1	<i>“Covid-19 and Chronic Diseases”</i>	Dr. Serap ÜNSAR Trakya University, Turkey	1

11:00 – 11:20	Coffee Break
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TIME	TITLE	SPEAKER	HALL NAME
24.09.2021 11:20 – 12:00 Keynote 2	<i>“Covid-19 and Cancer”</i>	Prof. Dr. Gülbeyaz Can Istanbul University, Turkey	1

12:00 – 13:00	Lunch
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Session 1
13:00 – 15:00

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Determining Attention Control Levels of Nursing Students	Nida Kiyici, Zeliha Koç, Ondokuz Mayıs University, Turkey
2	Determining The Stigmatization and Discrimination Tendency of University About Hiv / Aids Students in Health-Related Departments	Gülşah Kaya, Zeliha Koç, Ondokuz Mayıs University, Turkey
3	Determination Of Nursing Students’ Attitudes Towards Preventing Falls and Approaches to Reporting Incidents	Esra Ozbudak, Zeliha Koç, Ondokuz Mayıs University, Turkey
4	The Effects of Nursing Students’ Beliefs Towards Obese Individuals on Their Stigmatization Tendencies	Sevil Masat Harbali, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
5	Factors Related with Spiritual Well-Being in Patients Hospitalized in Intensive Care Unit	Tuğba Kavalali Erdoğan, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>

6	Triage applications in Turkey During the Covid-19 pandemics	Aziz Aslanođlu(Abed Alazeez M. M. Almalahy), <i>Cyprus International University, Cyprus</i>
7	Factors Related to The Perceptions of Nurses About the Work Environment	Nida Kiyici, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>

15:00 – 15:20	Coffee Break
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Session 2 15:20 – 17:20

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Assesment of Nurse Records on Multimodal Analgesia in Trauma Patients	Ilknur TURA, Sevilay ERDEN, <i>Çukurova University, Turkey</i>
2	Hopelessness And Social Support in Women with Breast Cancer	Merve Beder, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
3	Religious Belief and Spirituality in Oncology Patients	Duygu Yavuz, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
4	Understanding the Causes of Moral Distress Experienced by Oncology Nurses in the context of a pandemic	Elifnur Gunes, <i>Manchester Metropolitan University, United Kingdom</i>
5	Palliative Care for Patients with Heart Failure	Canan Arslan, <i>Ayvansaray University, Turkey</i>
6	Mindfulness Levels of Nurses	Serap Ünsar, Ayşe Genç, Özlem Özdemir, Kübra Karakoç, <i>Turkey</i>
7	The Effects of Nursing Students' Approaches to Team Work on Their Attitudes Towards Patient Safety	Esra Ozbudak, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>

17:20 – 17:30	Coffee Break
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Session 3
17:30 – 19:30

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Triage knowledge levels of health personnel in Turkey: a study in state hospitals in Samsun	Aziz Aslanođlu (Abed Alazeez M. M. Almalahy), <i>Cyprus International University, Cyprus</i>
2	Determination Of Health Beliefs and Practices of University Students Towards Breast Cancer	Esra Danacı, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
3	A Randomized Controlled Trial: The Effect of Acupressure and Foot Reflexology on Pain Before Heel-Lancing	Ayşe Özge Deniz, Ayfer Açıköz, <i>Çankırı Karatekin University, Turkey</i>
4	The Effects of University Students' Fear Levels of Breast Cancer on Healthy Lifestyle Behaviors	Esra Danacı, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
5	The Relationship Between Sleep Quality and Fatigue Levels in Relatives of Patients Hospitalized in Palliative Care Unit	Tuğba Kavalali Erdoğan, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
6	Determining The Supportive Care Needs of Patients with Lung Cancer	Rumeysa Erarslan, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
7	Identification Of the Factors Affecting the Stigmatization Tendencies of University Students in Health-Related Departments Towards Alcohol and Substance Use	Gülşah Kaya, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>
8	The Effects of Nursing Students' Beliefs Towards Mental Illnesses on Their Stigmatization Tendencies	Sevil Masat Harbali, Zeliha Koç, <i>Ondokuz Mayıs University, Turkey</i>

End of the day

25/09/2021, Saturday
Pristina, Kosovo (GMT+2)

IMPORTANT EVENTS

TIME	TITLE	SPEAKER	HALL NAME
25.09.2021 10:00 – 10:40 Keynote 3	<i>“Facilitating autobiographicity to promote gifted and talented learners' self-designing and career construction”</i>	Prof. Dr. Kobus Maree University of Pretoria Faculty of Education	1

10:40 – 11:00	Coffee Break
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Session 4
11:00 – 13:00

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Psycho-Spiritual Approach to Stress, Anxiety and Depression Management	Naveed Ahmed, Pakistan
2	Challenges faced by the parents and teachers in inclusive education: Special focus on Dyslexic and Children with ASD	Sonali Mukherjee, Richa Singh, India
3	Inclusion at University through technology: a case study in Italy	Catia Giaconi, Noemi Del Bianco, Ilaria D'Angelo, UNIMC, Italy
4	The Coping Mechanisms of the Filipino and Ghanaian Adults and Elderly Citizens Amidst Stressful Covid-19 Pandemic: Basis for Group Therapy Intervention	Rosalie Masangkay Ubo, Marietta Diaz Subida, Dorothea Delacruz, Christina Pabayo, Pamela Ferriol, Leonard Botchway, Centro Escolar University, Philippines
5	The Relationship of Social Media Addiction and Family Climate of Students of Pharmacy Faculty in The Shade of COVID-19 Pandemic	Derya Buyukkayhan, Melis Seray Ozden Yildirim, University of Health Sciences, Turkey
6	The effectiveness of acceptance and commitment training on social adjustment in female students	Sara Arshi, Marvdasht Azad University of Iran, Iran

13:00 – 14:00	Lunch
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Session 5
14:00 – 16:00

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Effects of Stress Management Program Among Patients with Type 2 Diabetes Mellitus and Hypertension	Hafsa Qurban, Noreena Kausar, <i>University of Gujrat</i> , Pakistan
2	Developing the Small 't' Trauma Effects Determination Scale (StTEDS)	Safiye Yilmaz Dinc, Fatma Sapmaz, <i>Ministry of Education</i> , Turkey
3	The Relationship between Critical Thinking Skills and research protocol and portfolio of midwifery students	Imane Ghazlane, <i>HASSAN II University</i> , Morocco
4	Cognitive behavioral therapy of insomnia	Lukáš Kolomazník, Veronika Dacerova, Kateřina Bartošová, <i>Masaryk university Czech Republic</i> , Czech Republic
5	Disgust And Anxiety Sensitivity as Vulnerability Factors In Misophonia	Ying Xiang, Usha Barahmand, Maria Stalias-Mantzikos, Esther Rotlevi, Naila Shamsina, United States
6	Emotion Dysregulation Links Alexithymia to Psychosis Proneness	Joymin Sarker, Kimberly Quintero, Usha Barahmand, United States
7	Investigation of the Relationship Between University Students' Psychological Resilience, Cognitive Emotion Regulation Skills and Metacognitions	Idris Kaya, Fulya Turk, Zeynep Hamamci, <i>Gaziantep University</i> , Turkey

16:00 – 16:20	Coffee Break
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Session 6
16:20 – 18:20

ORDER	TITLE	AUTHOR, AFFILIATION and COUNTRY
1	Psychosocial effects of isolation: a year after breakout declaration	Javier Andres Gomez-Diaz, Social Sciences Corporación Universitaria Minuto de Dios, Columbia
2	The Physical and Mental Health of Adolescents: Analysis of An Adventure-based Counselling Program	Ziwen Liang, Hong Kong Baptist University, Hong Kong
3	Subjectively perceived insomnia and it's links to personality traits	Radek Šíp, Kateřina Bartošová, Veronika Dacerová, <i>Masaryk university Czech Republic</i> , Czech Republic
4	Psychological Symptoms in Children Victims of War and Migration: Comparison of Turkish and Syrian Students	Ali Çekiç, Mahsun Akay, <i>Gaziantep University</i> , Turkey
	Online Games and Empathy Level: Are They Associated?	Farhana Sabri, <i>University Sains Islam Malaysia</i> , Malaysia
6	Early Negative Memories, Humiliation and Defectiveness/Shame Schema: An Emotion- Focused Psychopathological Approach to Social Anxiety	Yusef Asmari, Usha Barahmand, Behrouz Dolatshahi, Hamid Poursharifi, University of Social Welfare and Rehabilitation Sciences, Iran

25.09.2021 18:20 – 19:00	Closing Ceremony
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